

A graphic featuring the text 'THE NORTHUMBRIA WAY' in white. 'THE' is on a green rectangular background, and 'NORTHUMBRIA WAY' is on a large blue arrow pointing to the right. The background of the slide includes a light blue sky with two birds, white clouds, a green hill with trees on the left, and three houses on the right.

THE
NORTHUMBRIA WAY

PEOPLE CARING FOR PEOPLE

Rothbury update to OSC April 2022

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To recap...

- Decision to temporarily close inpatient beds in Rothbury in 2016 where public engagement and then consultation took place
- Recommendation to permanently close the inpatient beds to Northumberland overview and scrutiny committee (OSC) - referred to the Independent Reconfiguration Panel (IRP)
- IRP made recommendations to relook at the decision and do all things possible to re introduce the beds
- Presentation to the OSC re new model including flexible bed model accepted
- Work to make this happen commenced.....COVID hit

Our initial ambition

- To implement an integrated nurse / therapist led 24-hour community care facility, with medical cover and a flexible bed base, at Rothbury Community Hospital
- Patient care to be interchangeable either in their home or in a hospital bed depending on clinical need
- The team would be separate and additional to the current teams who provide care for the local population
- Estate work to be completed and flexible bed model to be operational from April 2020
- Ambition shared with the local community and OSC - supportive of the model and positive about the progress made

Challenges...

- Recruiting the team – clinical lead recruited, who is now supporting the community, but struggled to recruit to other posts
- Financial model
- Medical cover and clinical governance

And then Covid-19 happened... further developments put on hold

What we have learnt from Covid

- We need flexibility to cope with future challenges – beds, staffing, infection control...
- Focus should not just be about hospital beds but about delivering healthcare in community settings
- Medically fit people should not be in hospital beds
- Data audit to identify the number of patients who would have been appropriate to be in a bed at Rothbury supports the hypothesis of the need for flexible bed model

Our proposed solution

- Northumbria will work in partnership with People First Care
- The Trust will commit to purchasing NHS beds within the facility - this will flex depending on need
- This aligns to some of our work in other parts of Northumberland and North Tyneside which works really well
- This not only delivers the flexible bed model as promised but also adds in additional residential care beds for the community - this is unique and we are committed to making this work

Residential Care Model

The model will include:

- Residential care facility – staffed in accordance with CQC registration
- District nurses will undertake shared care for end of life clients
- Joint training and learning opportunities for PFC staff and NHCT staff
- Refurbishment of existing rooms
- PFC registered provider
- PFC recruits and manages staff
- The unit will provide full laundry and catering facilities for all clients
- Includes the opportunity for a day centre

NHS Bed Model:

- End of Life Care
- Recuperation
- Slow stream rehabilitation
- Clinical support from Community Teams
- Admission criteria and clinical management of access to beds
- GP support for NHS beds
- Flexible model

Review and evaluation

Three and six month evaluation to include:

- Number of admissions to health beds
- Reason for admission
- Length of stay
- Number of patients unable to access health beds, including reasons for admission
- Patient satisfaction questionnaire
- Staff satisfaction questionnaire
- Clinical review of all admissions

Benefits of this model

The Trust and PFC partners believe the benefits of this model includes:

- Utilisation of the vacant beds at Rothbury in a purposeful way
- Provision of an out-of-hospital bed-based facility in an area that does not currently have a care home establishment
- Value for money to the public and NCCG
- Provision of a bed-based end of life care model in the Rothbury area
- A new employer in the Rothbury area, bringing opportunities to the local population

What next

- We have already established a Rothbury Board and Operational Group
- Presentation to CCG Management Board – approved with recommendations
- Presentation to CCG Public Board – approved with recommendations
- Plans are developing for the refurbishment of the rooms
- We have a detailed communications plan
- Together with a commitment to continue to keep local residents and stakeholders updated with progress.



Any questions

